



Breathe In, Sing Out

words and music by Glyn Lehmann

Chorus

Breathe in, sing out
There is magic about
All our voices singing strong
Breathing life into every song

repeat **Chorus**

Verse 1

The oxygen is flowing in
Into our lungs, into our blood
Into our brains
With every breath
The brain says, 'Yes!'
Releases dopamine
And says, 'Do that again.'

Breathe in, sing out

Bridge

And as we sing
We sing as one
Our hearts will beat together
Like a single drum

Together now
We harmonise
We leave our cares behind
And feel our spirits rise

repeat **Chorus**

repeat **Bridge**

repeat **Chorus**

Tag

Sing out!



Recording, backing track
and piano/vocal score
available from

<https://songlibrary.net>