



HEROES

A song trilogy

words & music by Glyn Lehmann

1. Extraordinary Things

(Choir)

Listen here now

You will hear us

Give a cheer now for our heroes

H-E-R-O-E-S

They stand out from all the rest!

(Solo Rap)

I'm thinkin' about my heroes

What it is that makes them great

They're ordinary people

Just like me and my mates

But what makes them so special?

You might like to know

What WE think it takes to be a HERO!

(Choir)

People who stand up, stand up

For what they believe

Swimming against the tide

People who reach out, reach out

To others in need

Refusing to turn a blind eye

CHORUS

Heroes are ordinary people

Doing extraordinary things

Heroes are people like you and me

Doing extraordinary things

Doing extraordinary things

Heroes are ordinary people

We can all be heroes, we can take a stand

We can make a difference, everybody can

Step outside the circle and take a chance

Stand up for what is right in every circumstance

You just never know how much the things you do
Influence the people around you
Be the one to show that you can lead the way
You could be someone's hero today

CHORUS

(Solo Rap)

You don't have to be a superstar or leader of a nation
You just have to be your-self, make the best of the situation

(Choir)

No!
Yeah!

(All)

We've all got a part to play
We won't sit a-round all day
We're gonna get up, stand up
Stand up now and say!

CHORUS

Doing extraordinary things
Doing extraordinary things
Doing extraordinary things
Doing extraordinary things
Ordinary people, extraordinary things

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2. My Hero

Movie stars in great big cars
Lighting up the screen
Sporting hero strikes a pose
In a magazine
They might be the heroes others may prefer
But they're not my hero, my hero, my hero

PRE-CHORUS

Remember the time when all that I needed was
Someone to talk to
Remember the day you stood by me
When everyone else walked away
I remember, I remember

CHORUS

Thankyou for believing in me
I know that you're always there
And there's something you should know;

You are my hero
Thankyou for your understanding
Even when I'm hard to bare
You are my one true hero
My hero, my hero, my hero

Na na na na na na na
Na na na na na

You don't think those things you do
Mean that much to me
But without those little things
I'd be all at sea
I forget to tell you how I really feel
that you are my hero, my hero, my hero

PRE-CHORUS
CHORUS

You are my, my only true hero
Thankyou for believing in me

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3. Our Inspiration

Andy Thomas setting the pace
From Adelaide to outer space
Steve Irwin one of a kind
Left a legacy for nature behind

Jane McGrath laid the foundation
Helping other woman across the nation
Lowitja O'Donoghue taken from here mother
Became an inspiration to so many others

CHORUS
You are our inspiration
Showing us a better way
You are our inspiration
We're gonna change the world today

For Eddie Mabo and Martin Luther King
For Nelson Mandela we're all gonna sing
For Mahatma Gandhi and Aung San Sui Kyi
They fought for their people so they could be free

CHORUS

BRIDGE

One small step we're on our way
Following our dream
You know that it might be hard
But we will get there we know 'cos
You showed us the way

CHORUS

Come on now, come on now, come on now, make a change
Look to those that you admire, they will inspire
Come on now, come on now, come on now, make a change
Look to those that you admire, they will inspire

You showed the way, you showed the way
You showed the way, you showed the way
You showed the way, you showed the way

CHORUS

OUTRO

We're gonna change the world
We're gonna change the world
We can be heroes
We're gonna change the world
We're gonna change the world
We can be heroes