

## Creating *Simple Things*

A song with words and music by Phil Cummings and Glyn Lehmann



*At a time when COVID-19 was rising to its peak here, I was up in the middle of the night, sitting at my computer writing. Just after 2am I decided to take a break and wander outside.*

*I live in a rural area and so when I walked outside it was incredibly peaceful, quiet and serene; a stunning contrast to the mood of the wider world. There was not a breath of wind. I was sitting on a garden bench just by my front window with my head bowed, wondering what the future might hold. After a few minutes I leant back and looked up and, through the branches of a tree, I saw a perfect lace moon sitting in its bed of stars. The idea for writing a song about the Simple Things came drifting in and I started to write some lyrics. The next morning I contacted Glyn and the song began to take shape.*

- Phil Cummings

We hope that whoever finds this song enjoys listening to it, singing it, playing it, sharing it. Take it and use it at any level you choose.

We hope that it inspires you and that you have fun with it!

Here are some simple suggestions:

- ✓ Read the lyrics and see how many of 'the simple things' you can see around you.
- ✓ What other 'simple things' do you love that aren't mentioned in the song?
- ✓ If you write down your simple things you may be able to fit them into the melody to create your own version of the song to share with family or friends.
- ✓ Use it to talk about what is happening around the world and see where the simple things fit in helping everyone through the months ahead.
- ✓ As the song says, think of your friends, make sure they are okay – sing the song to them if you think it will cheer them up.
- ✓ In fact sing it to anybody and everybody – Mum, Dad, Grandma, Grandpa, Aunt, Uncle, the dog, sing it to your cat, your fish, your turtle, your guinea pigs, your sheep, your cows – whoever will listen! And of course, sing it to yourself.
- ✓ Read the lyrics, illustrate them, create sculptures or models of them, paint them, make a book about them or even do chalk drawings of the simple things in your life or that are mentioned in the song.
- ✓ Take photos of the simple things around you and share them – make your own music video of your simple things.

In short – have fun with it, enjoy it, sing it!

All the best

Phil and Glyn