

The Seed

Words and music by Glyn Lehmann

Verse 1

There's a saying that you might know
What you reap is what you sow
Turn it around and so it goes
What you plant is what you grow
Mm (hum)

Chorus

What you plant is what you grow
You won't get cherries from an apple tree
It's so plain for all to see
What you plant is what you grow
What you plant is what you grow
So take care what seed you sow
Cos what you plant is what you grow

Verse 2

A seed of kindness and friendship sown
Soon takes root and finds a home
Into the light now it has grown
What you plant is what you grow
Mm

Bridge

Meanness is a feral seed
Kept unchecked a choking weed
Shuts out the light from those in need
What you plant is what you grow
Mm

Chorus

What you plant is what you grow
You won't get cherries from an apple tree
It's so plain for all to see
What you plant is what you grow
What you plant is what you grow
So take care what seed you sow
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Tag

Grow, grow
What you plant is what you grow